

Workplace Wellbeing Success at Wannon Water

Photo: Wannon Water



Wannon Water, in Victoria's South West, has achieved a new milestone in health and wellbeing by becoming the first water authority in the state to be awarded Victorian Government recognition for the Achievement Program.

Wannon Water joined the Achievement Program in 2019 to build upon its commitment to provide a healthy and safe workplace for its 215 employees. Andrew Jeffers, Managing Director at Wannon Water, believes the support and framework of the Achievement Program is an important part of Wannon Water's continued commitment to and success in maintaining employees' physical and mental health.

"We believe that creating a healthy workplace is a joint responsibility of an employee and the organisation - everyone has a role to play to look after the wellbeing of themselves and others. We've seen this in practice with the enthusiasm our staff have shown to participating in health and wellbeing activities," Mr Jeffers said.

To support all employees with safe and healthy practices, Wannon Water have engaged with a range of healthy initiatives including; refreshing the smoke-free workplace procedure, promoting key health awareness days such as World No Tobacco Day, encouraging participation in community and workplace activities that encourage physical activity (Parkrun, online yoga, push-up challenges and participation in the 10,000 Steps Challenge), holding VECCI Mental Health Essentials Training for staff and promoting a mental health and wellbeing mindset through flexible working arrangements and counselling services.

Amanda Wearne, Wannon Water's Learning and Diversity Officer, said staff have really embraced the chance to get involved in various health and wellbeing initiatives.

Wannon Water has been recognised for all five best-practice Health Priority Areas including improving healthy eating, physical activity, mental health & wellbeing, smoking and alcohol & other drugs.